

LIFETIME 5KSM

SEPTEMBER 29, 2019

5K Wheelchair Start: 7:35 AM

5K Start: 7:45 AM



- S** Race Start
- F** Race Finish
- 5K Route
- 1** Mile Markers
- +** Medical Aid
- 💧** Fluid Station
- 🍏** Food
- 🚻** Restrooms
- ★** Volunteer Check-in
- 🧰** Gear Check
- G ENDURANCE** Hydration
- 🚌** Shuttle Drop Off/Pick Up
- 🚇** Metra Station
- 🎵** Finish Festival



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G ENDURANCE **💧** **🚻**

E 67th St